



**B.Sc. Yoga Science and Holistic Health Program, Semester – VI**  
**Academic Year-2024-25**

Sl.	Course Code	Course Category	Subject Name	Teaching							ESE(70% Weightage)	Total	Duration / Mode	Course Attributes							Sustainable Development Goals	
				Hours/Periods/Credits										Employability Entrepreneurship Skill Development Gender Equality Environment & Sustainability Human Value Professional Ethics								
				L	T	P	C	Continuous Internal Assessment Theory/Practical (30 % Weightage)														
				L	T	P	C	SE I	SE II	DDA												
1	BYS601	CC	Human Values, according to different Philosophical System	3	0	0	3	50	50	50	100	100	3Hrs./Theory			√			√	√	3,4,8,	
2	BYS602	AECC	Yoga Management of Lifestyle related disorders	3	0	0	3	50	50	50	100	100	3Hrs./Theory	√			√		√		3,4, 5, 8,9	
3	BYS603	AECC	Fundamentals of Environmental Science	3	0	0	3	50	50	50	100	100	3Hrs./Theory			√	√	√	√	√	5, 7, 8, 9, 11, 12, 13, 14	
4	BYS604	GEC	Elective-I Fundamentals of Homeopathy	3	0	0	3	50	50	50	100	100	3Hrs./Theory			√	√	√	√		1, 3, 4, 5, 8, 9,	
5	BYS605	GEC	Elective-II Applied Alternative Therapies											√		√	√	√	√	√	1, 2, 3, 4, 5, 8, 9	
6	BYS606	CC	Yoga Practical – X	0	0	6	3	50	50	50	100	100	8Hrs./Practical	√	√	√	√	√	√		1, 3, 4, 5, 8, 9	
7	BYS607	PW/FW	Yoga Field Work	0	0	2	1	50	50	50	50	50	2 Hrs./Practical	√	√	√	√	√	√	√	1,3, 4, 5, 8, 9,	
8	BYS608	INT	Internship-II	0	0	8	4	50	50	50	100	100	8Hrs./Practical	√	√	√	√	√	√	√	1, 3, 4, 5, 8, 9	
Total				12	0	16	20	350	350	350	650	650										
Course Category																						
CC:	Core Course		PW/FW/INT:	Project/Field Work/Internship					GEC:	Generic Elective Course												
AECC:	Ability Enhancement Compulsory Course																					